

# Making Healthy

## DISCIPLES

Based on  
Making Healthy  
Disciples/Sonlife  
Principles:

WINNING  
the lost

BUILDING  
the believer

EQUIPPING  
the worker

MULTIPLYING  
the leader

SENDING  
the called ones

### ● SALVATION - (Winning)

*where we understand:*

- *who Jesus is*
- *the needs for repentance*
- *the need to receive the Saviour*

- Can clearly express why Jesus is indeed the only way to God

### ● BIBLE KNOWLEDGE AND APPLICATION - (Building)

- *we know the Bible truths and doctrine AND*
- *we apply the Bible truths to our daily lives*

- Has confidence in the Bible's reliability as God's revelation
- Has an overview of Old Testament and New Testament information
- Recognizes that Jesus is the Christian's authority (Lordship)
- Understands the concept of the spirit-filled life and is experiencing it

### BIBLE MEMORY - (Building)

- *we are involved in systematic Scripture memorization*
- *we understand, memorize and apply God's Word*

- Has committed essential Bible verses to memory (assurance of salvation, resisting temptation etc.)
- Has memorized key scripture pointing to salvation (John 3:16; Romans 3:23, 5:8 and 6:2; Ephesians 2:8-9 and John 1:12)

### HEALTHY RELATIONSHIPS - (Building)

#### A. PERSONAL

- *we establish and build one-on-one relationships*

- Demonstrates that God is central in personal relationships with others
- Accepts and includes those who are different from themselves
- Adheres to the biblical standard on sexual purity

#### B. CORPORATE: THE CHURCH

- *we participate in the life of the church*

- Is accountable to the local body
- Has followed the Lord in baptism
- Participates in communion

### WORSHIP - (Building)

- *we participate in genuine worship (praise, adoration and devotion offered to God)*

- Participates willingly and genuinely in corporate worship

### PRAYER/DEVOTIONAL LIFE - (Building)

- *we have a personal friendship with God*
- *we have time alone with God in prayer and Bible meditation*

- Consistently reads the Word with understanding
- Consistently prays
- Has at least attempted the discipline of fasting

### SPIRIT FULLNESS - (Building)

- *we are filled with the Holy Spirit*
- *we recognize that the Holy Spirit guides us into all truth, teaches us all things, and empowers us for effective witness*

- Clearly understands the biblical command to be filled (empowered and controlled) with the Spirit
- Has submitted his/her life to the fullness of the Spirit

### ● GIFTS, TALENTS, AND SKILLS - (Equipping)

- *we discover and use our gifts, talents and skills to advance the cause of Christ*

- Has the ability to express personal testimony
- Has the ability to lead someone to Christ
- Has the ability to pray with others
- Shows a desire to use gifts, talents and skills for the glory of God

### OUTREACH - (Equipping)

- *we use our lives and our resources to reach other people for Christ*
- *we share our faith and have a great commission lifestyle*

- Demonstrates a desire to reach the lost
- Participates in church outreach events

### STEWARDSHIP - (Equipping)

- *we use our lives and God-given resources to care for others just as Jesus would*
- *we reorder our lives, time, talents and possessions for the purpose of achieving God's mission*

- Uses time, talents and possessions for the benefit of others

### ● CHRISTIAN SERVICE - (Multiplying/Sending)

- *we serve Christ and others both inside the church and outside in the community*

- Intentionally shares his/her faith outside of the church environment
- Understands the concept of spiritual gifts and is using them in ministry

### MISSIONS INVOLVEMENT - (Multiplying/Sending)

- *we participate in supporting and sending church planters and missionaries in order to get the gospel to those who have never heard at home and around the world*

- Participates regularly in missions awareness events
- Knows, prays, and supports specific missionary endeavors